

Dear Parents and Carers,

Tuesday 28th April 2026

RSE&HE Parents consultation.

At Botley School, we believe that children's health, happiness and wellbeing are just as important as their academic learning. Our PSHE (Personal, Social and Health Education) and Relationships and Sex Education (RSE and Health Education) curricula have been developed to ensure that children have the skills and knowledge they need to develop positive relationships, be prepared for changes that will occur from KS2 onwards and thrive throughout all areas of their lives.

In September 2020, the government released guidance on the teaching of [Relationships and Sex Education \(RSE\) and Health Education](#) in schools. This guidance becomes statutory from September 2026, meaning that all schools must implement the guidance within their curriculum.

At Botley we have chosen to use the Christopher Winters Project – *Teaching with Confidence*, RSE scheme of work. This is a recognised scheme and recommended by the PSHE Association which is our chosen PSHE curriculum.

The majority of the lessons are statutory but in year 6 there are two lessons which parents have right to withdraw their children from, should they wish. These lessons appear below:

Title	Learning Intentions and Learning Outcomes	Resources	Statutory Guidance
Lesson 1 Puberty and reproduction	<p>Learning Intention To understand how the body changes during puberty in preparation for reproduction.</p> <p>Learning Outcomes I can describe some changes that happen during puberty. I can explain why these changes prepare the body for reproduction. I can use the correct scientific words for body parts and processes. I can talk about puberty and reproduction with confidence.</p>	<p>Puberty Changes Teacher Guide Puberty Body Part slides Reproduction question sheet Reproduction answer cards Reproduction whiteboard summary Pupil question template</p>	<p>Health Education Developing bodies (DB 1, 2, 3) Science curriculum (S1, 2, 3, 4)</p> <p><i>Contains non-statutory Sex Education. Parents have the right to withdraw</i></p>
Lesson 3 Families, conception and pregnancy	<p>Learning Intention To understand how families can be formed and how a baby is conceived and begins to grow.</p> <p>Learning Outcomes I can describe the decisions that have to be made before having children I can describe how a baby is conceived and begins to grow. I can use the correct scientific words when talking about conception and pregnancy. I can explain why consent is important in sexual relationships.</p>	<p>Couple pictures How does a baby start? cards How does a baby start? whiteboard summary</p>	<p>Relationships education Families and people who care for me (F 1, 2, 3, 4, 5) Science curriculum (S2, S3, S5)</p> <p><i>Contains non-statutory Sex Education. Parents have the right to withdraw</i></p>

You can find an overview of the CWP scheme of work, our RSE Policy and a Parents' Guidance about the statutory RSE curriculum on the [RSE webpage](#). We ask you to have a look at the documents and complete the Microsoft Forms by **Friday 22nd May** (half term). If you have any questions or comments, please add these to the Form. We can then collate the questions and give you feedback.

[Relationships and Sex Education \(RSE\) and Health Education Parent Consultation Form 2026](#)

Thank you once again for your continued support in your children's education.

Best Wishes



Jo Reid

Headteacher