

## PE Curriculum Overview

<b>Reception</b>		<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
		<b>Superheroes</b>	<b>Celebrations</b>	<b>My world</b>	<b>Once upon a Nursery Rhyme</b>	<b>Animal Boogie</b>	<b>A wonderful world</b>
		PE Planning: Me and Myself	PE Planning: Movement Development <i>Dance – Linked to Fireworks</i>	Dance Linked to topic	PE Planning: Throwing and Catching	May Dancing	PE Planning: Fun and Games / Sports Day events
<b>Year 1</b>	<b>Area of focus</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<u>Aesthetics</u>	Gymnastics	Dance	Yoga	Circuit training	May Dancing	Athletics
	<u>Games</u>	Multiskills: Throwing and catching	Multiskills: Running and jumping	Multiskills: Attacking and defending	Multiskills: Invasion games	Multiskills: Bat and ball	Sports Day Prep
<b>Year 2</b>	<b>Area of focus</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<u>Aesthetics</u>	Gymnastics	Dance	Yoga	Circuit training	May Dancing	Athletics
	<u>Games</u>	Multiskills: Throwing and catching	Multiskills: Target games	Multiskills: Attacking and defending	Multiskills: Invasion games	Multiskills: Bat and ball	Sports Day Prep

<b>Year 3</b>	<b>Area of focus</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<u>Aesthetics</u>	Dance	Gymnastics	Swimming	Swimming	Swimming/May Dancing	Athletics/ Sports Day Prep
	<u>Games</u>	Netball	Football	Handball	Basketball	Tennis	Rounders
<b>Year 4</b>	<b>Area of focus</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<u>Aesthetics</u>	Swimming	Swimming	Dance	Gymnastics	May Dancing	Athletics/ Sports Day Prep
	<u>Games</u>	Netball	Tag Rugby	Lacrosse	Dodgeball	Tennis	Cricket
<b>Year 5</b>	<b>Area of focus</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<u>Aesthetics</u>	Dance	Gymnastics	Dance	Orienteering	May Dancing	Athletics/ Sports Day Prep
	<u>Games</u>	Netball	Football	Handball	Basketball	Tennis	Rounders
<b>Year 6</b>	<b>Area of focus</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<u>Aesthetics</u>	Dance	Gymnastics	Dance (Electricity)	Orienteering	May Dancing	Swimming / Sports Day Prep
	<u>Games</u>	Netball	Tag Rugby	Lacrosse	Dodgeball	Tennis	Cricket